

Revised
9/23/25



Early Learning Center-menu

St. Paul Lutheran Church, School and Early Learning Center
October 1 through 31, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1	Oct 2	Oct 3
		<u>Milk/Cereal</u> Chicken Noddle Soup Grilled Cheese Sandwich/ Carrots Fruit/Milk <u>Milk/Gogurt</u>	<u>Milk/Sunshine Bar</u> Chicken Fajita Tacos Rice w/Veggies Pinto Beans Fruit/Milk <u>Milk/Chocolate Beet Cake</u>	<u>Milk/Berry-Banana Smoothie</u> Salisbury Steak w/Gravy Veggies/Parm-Garlic Mashed Potatoes Fruit/Milk <u>Grilled Cheese Sandwich/Milk</u>
Oct 6	Oct 7	Oct 8	Oct 9	Oct 10
<u>Milk/Belvita Biscuits</u> Chili Cheese Hot-Dog Chips, Mix Veggies Fruit/Milk <u>Milk/Homemade Lunchables</u>	<u>Milk/Breakfast Bars</u> Chicken Strips w/Fries Roasted Veggies Fruit/Milk <u>Milk/Cookies</u>	<u>Milk/Warm Oatmeal</u> Happy Pizza Garden Salad, Corn Fruit/Milk <u>Berry Jello w/Cool Whip/Milk</u>	<u>Milk/Cereal</u> Dinosaur Nuggets Roasted Veggies Mac & Cheese Fruit/Milk <u>Milk/Rice Pudding</u>	<u>Milk/French Toast</u> Chicken on a Bun Fries Veggies Fruit/Milk <u>Milk/Colby Jack/Crackers</u>
Oct 13	Oct 14	Oct 15	Oct 16	Oct 17
<u>Milk/Buttermilk Biscuit</u> Conchitas w/Chicken Mix Vegetables, Beans Watermelon/Milk <u>Milk/Cinamon Rolls</u>	<u>Milk/Sunshine Bar</u> Ham & Cheese Sandwich Chips, Veggie Sticks Fruit/Milk <u>Milk/Pizza Bites</u>	<u>Milk/Breakfast Bread</u> Boneless Wings French Fries Veggie Sticks with Ranch Fruit/Milk <u>Milk/Pastry Crisp</u>	<u>Milk/Pancakes</u> Bolognaise Spaghetti Roasted Broccoli Fruit/Milk <u>Milk/Banana Puddin</u>	<u>Milk/Muffin</u> Grilled Hot Dogs Chips, Veggie Sticks Fruit/milk <u>Milk/Jell-O w/Fruit Cups</u>
Oct 20	Oct 21	Oct 22	Oct 23	Oct 24
<u>Milk/Breakfast Bites</u> Beef Flautas Rice with Veggies/Beans Fruit/Milk <u>Milk/Apple Sauce/Crackers</u>	<u>Milk/Waffles</u> Chicken Noodle Casserole Garden Salad Fruit, Milk <u>Milk/Rice Puddin</u>	<u>Milk/Breakfast Bread</u> Chef Lasagna Roasted Veggies Fruit/Milk <u>Milk/Banana & Wafers</u>	<u>Milk/Pancakes</u> Conchitas w/Chicken Mix Vegetables, Beans Fruit/Milk <u>Milk/Apples Pie Rolls</u>	<u>Milk/Warm Oatmeal</u> Happy Pizza Garden Salad Fruit/Milk <u>Milk/Fruit Cocktail Cup</u>
Oct 27	Oct 28	Oct 29	Oct 30	Oct 31
<u>Milk/Nutrigrain</u> Dinosaur Nuggets Roasted Veggies Mac & Cheese Fruit/Milk <u>Milk/Rice Cakes</u>	<u>Milk/Fruit Cup</u> Ground Turkey Corn Tacos Lettuce and Tomatoes Mexican Rice Watermelon/Milk <u>Milk/Lunchables</u>	<u>Milk/Cereal</u> Pizza Spasagna Roasted Veggies Fruit/Milk <u>Milk/Cookie</u>	<u>Milk/Overnight Oats</u> Chicken Parmigiana Garden Salad Oranges/Milk <u>Milk/Pumpkin Roll</u>	<u>Milk/Muffin</u> Veggie Monster Enchiladas, Rice, Beans Fruit/Milk <u>Milk/Chef's Creepy Crawley Treats</u>

MENU SUBJECT TO CHANGE